



# Winter Skills Academies

WINTER 2011/2012

Player to Coach Ratios of 8:1

## The "Beautiful Game" Winter Skills Academy

**Come train with the Best Technical Skills Trainers in the KC Metro Area!!!**

Agape Sports Development brings the best out of each player with challenging, yet rewarding skills. We encourage players to take risks on the field, and give them the tools they need to be successful in 1v1 opportunities and more. Your child will be pleased between to balance of hard work and having FUN!!!

*\*Two 8-week Sessions – Winter I (Nov/Dec) – Winter II (Jan/Feb)*

### Weekly Skills Agenda

- Week 1 – Basic Skills and Technique
- Week 2 – Dribbling Accuracy
- Week 3 – Passing Technique and Accuracy
- Week 4 – Defensive Techniques and Skills
- Week 5 – One vs. One Skills
- Week 6 – Advanced Skills
- Week 7 – Receiving and Control
- Week 8 – Progression Skills and Recap

**Cost: \$110.00/participant\*\***

**Dates: Nov. 4 to Dec. 30 & Jan. 6 to Feb. 24**

**Day and Time: Friday's – 6:00 to 7:00 PM**

**Location: Lakeland Community Church (LSMO)**

**Ages: U9 to U15 – Boys and Girls**

**\*\*Members of Agape Soccer and SASC - \$10.00 off**

\*Cost if registered for both sessions - \$185.00 (\$35.00 OFF)  
MUST BE PAID FOR IN ADVANCE

## Agape's Premier Striking and Finishing Academy

**Become a "True Finisher and Goal Scorer" with Top Tiered Training!!!**

Agape Sports will train your athlete to become a high level striker and finisher! We strive to train in all areas of finishing; from distance, near the goal, within the goal box, volleys, right and left feet, breakaways, crossing shots, inside and outside bends and penalty shots. Focus on improving each athletes accuracy and power.

*\*Two 8-week Sessions – Winter I (Nov/Dec) – Winter II (Jan/Feb)*

**Cost: \$100.00/participant\*\***

**Dates: Nov. 8 to Dec. 27 & Jan. 10 to Feb. 28**

**Day and Time: Tuesday's – 6:00 to 7:00 PM**

**Location: Lakeland Community Church (LSMO)**

**Ages: U11 to U14 – Boys and Girls**

**\*\*Members of Agape Soccer and SASC - \$10.00 off**

\*Cost if registered for both sessions - \$175.00 (\$25.00 OFF)  
MUST BE PAID FOR IN ADVANCE

### Weekly Striking Agenda

- Week 1 – Technique, Accuracy, Power
- Week 2 – Finishing in the Goal Box
- Week 3 – Long Range & Crossing Shots
- Week 4 – Small Ball Training (Size 1)
- Week 5 – Breakaways & Penalty Shots
- Week 6 – Volleys (Half, Full, Side)
- Week 7 – Inside and Outside Bending Shots
- Week 8 – Progression and Recap

**REGISTER ONLINE TODAY: [WWW.AGAPESC.ORG](http://WWW.AGAPESC.ORG)**